



**MENTAL HEALTH
FIRST AID®**

For Anyone. For Everyone.®

Free eLearning for Health Professional Students.

The Standard Mental Health First Aid (MHFA®) for Health Professional Students FREE eLearning course teaches health professional students how to provide initial support to a peer or other adult who may be experiencing a mental health problem or mental health crisis, until professional help is received or the crisis resolves.

is proudly providing Standard Mental Health First Aid® for Health Professional Students FREE eLearning course in 2025.

Developed for allied health, nursing, midwifery and medical students, this targeted early-intervention, evidence-based course, will equip you with the skills to:



Intervene early

Recognise the warning signs of mental health problems in another student or adult.



Respond in a crisis

Respond across a range of crisis situations where another student or adult may be at risk of harm.



Offer support

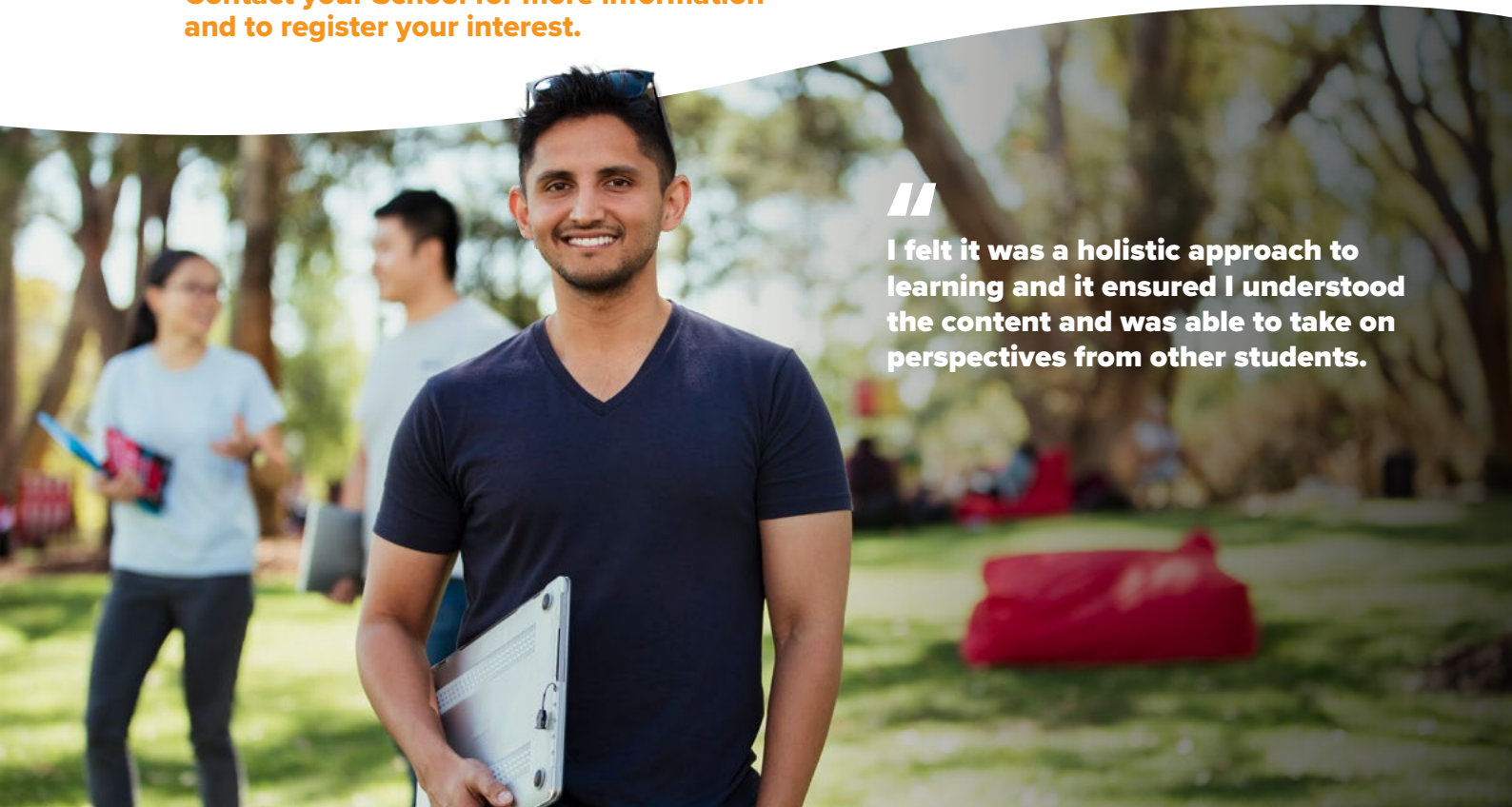
Learn the skills to speak openly and accurately about mental health.



Reduce stigma

Reduce stigma and increase support for adults experiencing and living with mental health problems.

Contact your School for more information and to register your interest.



I felt it was a holistic approach to learning and it ensured I understood the content and was able to take on perspectives from other students.